



Centre Championship Night

Don't forget to get your entry form in this Friday 13 November for the Centre Championship night which will be held the following Friday 20 November. Children need to choose four events.

Cost is \$2 per entry.

Sarah Walsh

*Sarah competed in the NSW Primary schools State Athletics Championships at Sydney Olympic park at Homebush in the senior girls AWD events. She came 7th in the shot-put out of 19 competitors. A huge effort considering shot put is not her usual event. She won **GOLD** in the 100m and 200m sprint and bronze in the long jump*

Sarah also swam at the Swimmers with Disability NSW Championships and came home with 1 gold, 2 silver and 2 bronze from the pool.

Sarah has now been selected to represent NSW in the Australian All Schools under 12 championships which will be held in Sydney in December.

Congratulations Sarah and GOOD LUCK.

Parents, Please note:

If you are not assisting or helping with events you should not be on the track.

No alcohol is to be consumed on athletic grounds.

SAFETY ISSUE

Spikes are not to be worn between events. They must only be put on at the actual event.

PLEASE ENSURE YOUR CHILD IS WEARING CORRECT UNIFORM.

Registration numbers must be stitched onto the front centre of the singlet with the red border showing. The age patch is to be stitched onto the front left of the singlet/suit. IGA patch is to be stitched to the top right side of singlet/crop top. The centre number (44) is to be stitched onto the rear the singlet for athletes competing in combined centre events (i.e. zone, region etc.)

For all uniform queries, see Michelle in the canteen.