

PARENT ROSTER PROCEDURES

Just a reminder to everyone that they must sign on for duty at the parent table each Friday night that they are rostered on (yellow or blue).

Friday 2nd October = BLUE

Friday 9th October = YELLOW

We have changed the job allocation slightly. All field events now require two people to run (down from 3 or 4). These positions have been reallocated to age groups. Each age group will have an Age Manager plus TWO assistants. It is the job of these assistants to help out the age manager at EACH event by measuring, raking, collecting shot and discus etc.

Anyone wishing to sign on as a permanent age manager / assistant should realise that this will require attendance each week and not just your rostered week. Also ONE or TWO permanent helpers on the parent table would be greatly appreciated. If interested please see Bronwyn at the Parent Table. Also we require TWO people each week to cook the BBQ.

The earlier you get to the field the better choice of job available.

We require a total of 104 people each night to run efficiently. So that the events can start close to time please ensure that you are at the field by 5.45 and signed on ready to start at 6pm. If you are unable to help on your roster night but are available for setup from 5-6pm then this can count for your duty. (sign off at the parent table)

Last week (25th Sept) only 68 people signed on and as a result some events took a lot longer than necessary. Our weekly parent roster raffle was won by Carol McAughey. Just by signing on you are entered into the draw for a great meat tray.

Please help make Little Athletics fun for all by helping where possible. Every little bit helps to make the night run smoothly.

Port Hacking Little A's Carnival—Entries Close 10/10/09

Port Hacking Little Athletics centre are holding a 2+2 carnival on

Sunday 25th October 2009 at 2.30pm. First call (2.20) at Sylvania Waters Athletic Track, Belgrave esplanade

Sylvania Waters. The competition is for all registered athletes Tiny Tots to u/17 (from southern metropolitan zone only) Entry fee \$5.00 per competitor. (Entry fee must accompany entry form).

Late entries accepted on the day before 2pm at \$10 per athlete.

Athletes will be required to wear full centre/club uniform and appropriate footwear in all events.

Participation certificates for all competitors.

Trophies awarded to 1st 2nd and 3rd place in each age group for under 6 to under 17 boys and girls. Athletes must compete in all 4 events to be eligible for a trophy.

(LAANSW multi pointscore will be used)

A medal for all Tiny Tots

ENTRIES CLOSE

SATURDAY 10 OCTOBER, 2009.

Entries to the

CENTRE SECRETARY:

Mrs Margaret Alexander,

5/39-45 Manchester Rd,

GyMEA NSW 2227

SEE ATTACHED ENTRY FORM

Trans Tasman Tour to Auckland 7-19 January 2010 for all under 11 and under 12 athletes.

Nominations, together with a deposit of \$200 pp to be at the Little Athletics association by 5pm Wednesday 21st October.

Trials at the Crest Georges Hall 1st November 2009. See Marina Picken for further details 9525 0680.

Don't forget to get in your nominations for State Relay Championships Homebush by 16th October. Nomination forms can be downloaded from our website or grab one at the sign on table on Friday night). Just pop it in the entry box at the same table, or email me with you details per the entry for guyphome@bigpond.com

PORT HACKING LITTLE ATHLETICS CARNIVAL ENTRY FORM

TINY TOTS	SHORT RUN	LONG RUN	LONG JUMP	SHOT PUT
UNDER 6	50M	300M	LONG JUMP	SHOT PUT
UNDER 7	50M	500M	LONG JUMP	SHOT PUT
UNDER 8	100M	700M	LONG JUMP	SHOT PUT
UNDER 9	100M	800M	LONG JUMP	SHOT PUT
UNDER 10	100M	800M	LONG JUMP	SHOT PUT
UNDER 11	100M	800M	LONG JUMP	SHOT PUT
UNDER 12	100M	800M	LONG JUMP	SHOT PUT
UNDER 13	100M	800M	LONG JUMP	SHOT PUT
UNDER 14	100M	800M	LONG JUMP	SHOT PUT
UNDER 15	100M	800M	LONG JUMP	SHOT PUT
UNDER 17	100M	800M	LONG JUMP	SHOT PUT

Athletes must compete in all 4 events to be eligible for a trophy.
 LAANSW multi pointscore will be used.

ATHLETES ENTRY FORM

CENTRE _____

NAME _____

Reg No: _____ AGE GROUP: _____ SEX: BOY/GIRL

PARENT/GUARDIAN

SIGNATURE _____